



**Mon FEB 22 -  
Sat FEB 27**

**MON - FRI REPEATING DAILY SCHEDULE  
FOR FALL SPORTS (see Sat. below):**

<b>FALL</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>Sports Daily Sched Mon - Fri</b>	Volleyball	3:00 - 5:00 PM	<b>2:45 PM</b>
	Soccer-Boys	3:15 - 5:00 PM	<b>3:00 PM</b>
	Cross Country	3:30 - 5:00 PM	<b>3:15 PM</b>
	Football	5:15 - 7:00 PM	<b>4:55 PM</b>
	Girls Soccer	7:15 - 9:00 PM	<b>7:00 PM</b>

**All  
ALOHA  
Athletes  
MUST  
check-in  
at  
ALOHA  
High  
School**

### **Additional Sports Practice Schedule:**

<b>MON</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>FEB 22</b>	Baseball	4:00 - 6:00 PM	<b>3:45 PM</b>
	Cheerleading	4:15 - 6:15 PM	<b>4:00 PM</b>
	Track & Field	4:30 - 6:00 PM	<b>4:15 PM</b>
	Basketball-Girls	5:30 - 7:00 PM	<b>5:15 PM</b>
	Softball	6:15 - 8:30 PM	<b>6:00 PM</b>

<b>TUES</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>FEB 23</b>	Wrestling	3:30 - 5:00 PM	<b>3:15 PM</b>
	Baseball	4:00 - 6:00 PM	<b>3:45 PM</b>
	Basketball-Boys	5:45 - 7:15 PM	<b>5:30 PM</b>

<b>WED</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>FEB 24</b>	Softball	4:00 - 6:00 PM	<b>3:45 PM</b>
	Track & Field	4:30 - 6:00 PM	<b>4:15 PM</b>
	Basketball-Girls	5:30 - 7:00 PM	<b>5:15 PM</b>

<b>THUR</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>FEB 25</b>	Wrestling	3:30 - 5:00 PM	<b>3:15 PM</b>
	Baseball	4:00 - 6:00 PM	<b>3:45 PM</b>

<b>FRI</b>	<b>NO ADDITIONAL SPORTS - FALL PRACTICES ONLY</b>		
<b>FEB 26</b>			

<b>SAT</b>	<b>SPORT</b>	<b>Practice Time</b>	<b>EARLIEST Check-In</b>
<b>FEB 27</b>	Soccer-Boys	8:30 - 10:15 AM	<b>8:15 AM</b>
	Soccer-Girls	10:30 - 12:15 PM	<b>10:15 AM</b>