

SOU FOOTBALL TEAM CAMP

SOU FOOTBALL TEAM CAMP **JUNE 18-21, 2022,**

We are holding our annual football team camp. Campers must be in grades 9-12 (Going into 12th grade). Teams will participate in 11-on-11 scrimmages, 7-on-7 tournaments, a Pass Rush tournament, and various Big Man competitions.

Participants will get the opportunity to go through individual drills run by the SOU coaching staff.

Teams can stay in the SOU dormitory, or camp out near the practice facilities. Campers will need to bring their own bedding and toiletries. The Hawk dining facility is available for teams through the duration of camp.

Individual campers are encouraged to attend. All individual campers will form a Camp "Renegade" Team and compete at the Varsity and Junior Varsity levels.

Following each practice session teams will compete in our camp competitions, and a winner will be crowned at the conclusion of camp.



Register at
www.souraiders.com



OPTIONS

Team Resident (Greensprings)

\$250 per camper

- Includes- instruction, meals, dorm room, and T-Shirt

Team Camp-Out (Teams only) \$215 per Camper

- Includes- instruction, camp site, meals, and T-Shirt

Commuter

(Team or Individual)

\$140 per camper

- Includes- instruction, meals (not including breakfast), T-Shirt

Individual Resident

\$270 per camper

- Includes- instruction, meals, dorm room, and T-Shirt.

Registration starts

June 18th at 10:00 AM

Schedule

7:00 Wake Up

7:15 Breakfast

9:00 Practice

12:00 Lunch

2:00 Practice

5:00 Dinner

7:00 7 on 7 / Pass Rush leagues

8:30 Free Time / Team meeting

10:30 Lights out

(Saturday & Sunday)

For additional information

soufbcamp@sou.edu

[Jonathan Burrell](#)

[Bryan Sander](#)

Camp Coordinator